Costs & Financing of a Revolving Drug Fund for chronic NCDs in Cambodia

for people with Diabetes, Hypertension and Associated Disorders

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Revolving Drug Fund for chronic diseases

Objective:

Public & Private Partnership of Ministry of Health & OD Offices & local NGO to organise sustainable access to routine prescription medication affordable for chronic NCD patients and the Cambodian government.

4 Main principles :

1) Retail Revenue only used for cost recovery without profit.

2) Only contracted pharmacy (in future "Health Center") can dispense RDF medicines and only to registered members.

3) Published fixed retail prices

4) Integrated part of a coherent Continuum of Care system

How to **improve access** to chronic NCDs prescription medication?

1) Training of Peer Educators must match with the RDF

- 2) Demand from members-patients must match with RDF
- 3) Doctors have to fully agree with the choice of drugs
- 4) Doctors have to trust the lab results prepare adaptations

with a process...

Monitoring & feedback from all actors, stakeholders including patients Coherent services (laboratory + diagnosis + prescription) cost effective & attractive

Revolving Drug Fund

(medicines selected + imported + tested + registered + stocked + distributed + accounted for etc.)

RDF GROWTH: volume and revenue and credit



Whole Cost and Service cost vs Revenue (USD)

REVENUE vs COST from product 1 to 14

REVENUE vs cost from product 11 to 14





- Selected Peer Educators are involved in monthly distribution, monitoring and actual revenue collection.
- 17 contracted private pharmacies in 8 ODs retain profit 15% of sales volume;
- New: contracted Health Centers, max 3 HC per OD, payment NOT related to volume but performance (similar amounts made available)
- New: use "POS dispensing software" (bar codes)

Nr	Description	Dosage	Percentage of prescribed in 2011 (N=2,514)	MoPoTsyo pays to buy in US\$	Pharmacy pays to buy in US\$	Patient pays to buy in US\$
01	Insulin NPH (medium)	10 ml	10 %	4.99	7.0125	8.25
02	Insulin Lantus (24-hour)	3 ml	5 %	1.66	2.3375	2.75
03	Insulin Actrapid (short)	10 ml	21 %	4.99	7.0125	8.25
04	Insulin Mixtard 30/70 (short + medium)	10 ml	3 %	4.99	7.0125	8.25
05	Metformin (biguanide anti-DM)	500 mg	45 %	0.00998	0.02125	0.0250
06	Glibenclamide (sulfonylureum anti-DM)	5 mg	49 %	0.00351	0.010625	0.0125
07	Hydrochlorothiazide (Diuretic anti-hbp)	25 mg	43 %	0.00427	0.010625	0.0125
08	Furosemide (Lis Diuretic anti hbp)	40 mg	5 %	0.00581	0.010625	0.0125
09	Atenolol (Betablocker anti hbp)	50 mg	24 %	0.00572	0.02125	0.0250
10	Propranolol (Betablocker anti hbp)	40 mg	6 %	0.00566	0.02125	0.0250
11	Aspirin	300 mg	24 %	0.00409	0.010625	0.0125
12	Captopril (ACE anti hbp)	25 mg	28 %	0.00965	0.031875	0.0375
13	Enalapril (ACE anti hbp)	10 mg	16 %	0.00873	0.031875	0.0375
14	Losartan Potassium (ARB anti hbp)	50 mg	N.A.	0.0453	0.07875	0.0875
15	Amitriptyline (psych-nerv)	25 mg	20 %	0.00567	0.02125	0.0250
16	Amlodipine (calcium antagonist anti hbp)	10 mg	31 %	0.00560	0.031875	0.0375
17	Simvastatin (cholesterol)	20 mg	7 %	0.034	0.055	0.0625
18	Gemfibrozil (triglicerides)	600 mg	8 %	0.195	0.2375	0.2500
11	Thiamine (VitB1) (deficiency)	50 mg	2 %	0.00658	0.010625	0.0125
	Multivitamin (deficiency)		28 %	0.00332	0.006375	0.0075

Trends in adherence to Prescribed Medication:

Average monthly prescription cost

Average price of monthly invoice sold by contracted pharmacy



Trends in adherence to Prescribed Medication:

DM Patients receiving prescription vs buying medicines in 2011



ANNUAL COST TO DM PATIENT (ADHERENT RURAL)

Nr	Description of item	Annual frequency	Price per item		Opportunity cost		Total Annual Cost	
1	Buy prescription medication	12	\$	4.32	\$	0.50	\$	57.84
2	See the Doctor	2	\$	1.00	\$	1.00	\$	4.00
3	Do the laboratory tests	2	\$	5.50			\$	11.00
4	Adapt diet		\$	-	\$	-	\$	-
5	Do more exercise		\$	-	\$	-	\$	-
6	Get training from peer educator		\$	-	\$	-	\$	-
7	Get follow up from Peer Educator	12	\$	0.33	\$	0.50	\$	9.96
8	Go to measure at the VHBP group	12	\$	0.05			\$	0.60
9	Costs for travel to pharmacy	12	\$	1.00	\$	-	\$	12.00
10	Costs for travel to lab	2	\$	1.00			\$	2.00
11	Costs for travel to see Doctor	2	\$	2.00	\$	2.00	\$	8.00
15	Total						\$ 105.40	
10								

Issues for discussion :

- How to improve adherence by HBP patients? The answer is not "Just by giving free medicines".
- How to reward the Health Center optimally for dispensing and for assuming more tasks? Keep both systems side-by-side?
- How to fit RDF optimally with public system?
- Cambodia needs a Cost Effective Treatment Protocol Committee based on WHO PEN recommendations with a focus on PRIMARY CARE and affordability
- Cambodia needs more action research by inter-sectoral teams of Cambodian researchers (health, sociology, economics etc.)