

# NCDs, Health & Development

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WHO targets non-communicable 'lifestyle' diseases

The World Health Organization has set out a plan to tackle non-communicable diseases like heart disease, which now pose a greater global burden than infectious diseases.

"Lifestyle-related" diseases are now the leading cause of death worldwide, killing 36 million people a year.

Much of the toll is in low and middle-income countries and this is where efforts must be focused, says WHO.

It suggests affordable steps governments should take.

The list includes measures that target the population as a whole, such as excise taxes on tobacco and alcohol, smoke-free indoor workplaces and public places, as well as campaigns to reduce salt and dangerous fats in foods.

Other tactics focus on individuals and include screening and treatment for

2



Regular health checks can detect problems early

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UN High-level Meeting of the General Assembly on the Prevention and Control of NCDs

New York, September 2011

## World Health Assembly

Geneva, May 2013



#### Non-Communicable Diseases Series 2013

Published February 12, 2013

#### Executive summary

This latest Series on non-communicable diseases (NCDs) builds on previous Lancet Series (2010, 2007, 2005), and on a landmark high-level United Nations NCD meeting convened in September 2011. The aim of the new Series is to set out clear plans for countrywide implementation of NCD plans in the post-MDG era, towards the unified goal of '25 by 25'-reducing NCD mortality worldwide by 2025.

The first paper emphasizes the importance of embedding NCDs into post 2015 MDG strategy, essential if the '25 by 25' target is to be achieved; paper 2 details NCD countrywide approaches including planning, implementation, accountability, and the importance of a National NCD Commission to monitor progress. An affordable step-wise approach will be the key to successful NCD implementation. Other papers discuss reducing health inequalities, 'unhealthy commodities' such as the food and drink industries, and of the importance of the scaling-up of access to vital medicines, especially the need for wider availability of affordable





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25/09/2013

### THE GLOBAL BURDEN OF DISEASE: GENERATING EVIDENCE, GUIDING POLICY

INSTITUTE FOR HEALTH METRICS AND EVALUATION

UNIVERSITY OF WASHINGTON



- 488 co-authors
- 303 institutions
- 50 countries

## Global shifts in leading causes of DALYs, 1990-2010



### THE GLOBAL BURDEN OF DISEASE: GENERATING EVIDENCE, GUIDING POLICY

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"The leading causes of death and disability have changed from communicable diseases in children to noncommunicable diseases in adults. "

"Eating too much has overtaken hunger as a leading risk factor for illness"

# WHO budgetary allocation\*



\*Ref: Nazaki (2013)





# MDGs

Expiry: 31/12/2015



UN General Assembly Special Event towards achieving the MDGs September 25, 2013





"The MDGs also did not adequately address issues of productive employment, violence against women, social protection, inequalities, social exclusion, biodiversity, persistent malnutrition and **increase in non-communicable diseases**, reproductive health and complexities related to demographic dynamics, peace and security, governance, the rule of law and human rights."

Realizing the Future We Want for All

# Framework for realizing the future we want for all in post 2015 agenda







UN HIGH-LEVEL PANEL OF EMINENT PERSONS ON THE POST-2015 DEVELOPMENT AGENDA

### A NEW GLOBAL PARTNERSHIP: ERADICATE POVERTY AND TRANSFORM ECONOMIES THROUGH SUSTAINABLE DEVELOPMENT

The Report of the High-Level Panel of Eminent Persons on the Post-2015 Development Agenda

> "Ending extreme poverty is just the beginning, not the end. It is vital, but our vision must be broader: to start countries on the path of sustainable development"

## **Transformative shifts**



accountable public institutions

partnership

# Cloud analysis of HLPEP Report



#### Universal goals, national targets 3. Provide 4. Ensure 2. Empower 1.End Girls and Quality Healthy Poverty Women and Education Lives Achieve and Lifelong Gender Learning Equality 7. Secure 5. Ensure 8. Create Jobs, 6. Achieve X **Sustainable** Food Sustainable Universal Energy Livelihoods, Security Access to and Good and Equitable Water and Nutrition Growth Sanitation 12. Create 11. Ensure 9. Manage 10. Ensure Stable and a Global Natural Good Resource Peaceful Enabling Governance Environment Assets Societies and Effective and Catalyse Sustainably Institutions Long-Term

Finance

## GOAL 4 Ensure Healthy Lives

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- End preventable infant and under-5 deaths
- Increase by x% the proportion of children, adolescents, at-risk adults and older people that are fully vaccinated
- Decrease the maternal mortality ratio to no more than x per 100,000
- Ensure universal sexual and reproductive health and rights
- Reduce the burden of disease from HIV/AIDS, tuberculosis, malaria, neglected tropical diseases and priority non-communicable diseases



## The 4 dimensions of sustainable development

# Economic development

# Social inclusion

Environmental sustainability

Good governance

## Proposed Sustainable Development Goals

- 1. End extreme poverty including hunger
- 2. Achieve development within planetary boundaries
- 3. Ensure effective learning for all children and youth for life and livelihood
- Achieve gender equality, social inclusion & human rights for all
- 5. Achieve health and wellbeing at all ages

- 6. Improve agricultural system and raise rural prosperity
- 7. Empower inclusive, productive and resilient cities
- 8. Curb human-induced climate change and ensure sustainable energy
- 9. Secure ecosystem services and biodiversity, and ensure good management of water and other natural resources
- 10. Transform governance for sustainable development

## Achieve health and wellbeing at all ages

"Achieve universal health coverage at every stage of life, with particular emphasis on primary health services, including reproductive health, to ensure that all people receive quality health services without suffering financial hardship. All countries promote policies to help individuals make healthy and sustainable decisions regarding diet, physical activity, and other individual or social dimensions of health."

# Proposed targets

Target 5a	Ensure universal access to primary healthcare that includes sexual and reproductive healthcare, family planning, routine immunizations, and the prevention and treatment of communicable and non-communicable diseases
Target 5b	End preventable deaths by reducing child mortality to [20] or fewer deaths per 1000 births, maternal mortality to [40] or fewer deaths per 100,000 live births, and mortality under 70 years of age from non -communicable diseases by at least 30 percent compared with the level in 2015
Target 5c	Promote healthy diets and physical activity, discourage unhealthy behaviors, such as smoking and excessive alcohol intake, and track subjective wellbeing and social capital



# Emerging vision for the development agenda beyond 2015



# Transformative and mutually reinforcing actions

- Eradicate poverty in all its forms
- Tackle exclusion and inequality
- Empower women and girls
- Provide quality education and lifelong learning
- Improve health
- Address climate change
- Address environmental challenges
- Promote inclusive and sustainable growth and decent employment

- End hunger and malnutrition
- Address demographic challenges
- Enhance the positive contribution of migrants
- Meet the challenges of urbanization
- Build peace and effective governance based on the rule of law and sound institutions
- Foster a renewed global partnership

## **Improve Health**

- Address universal health-care coverage, access and affordability;
- End preventable maternal and child deaths; realize women's reproductive health and rights;
- Increase immunization coverage;
- Eradicate malaria and realize the vision of a future free of AIDS and tuberculosis;
- Reduce the burden of non-communicable diseases, including mental illness, and road accidents;
- Promote healthy behaviours, including those related to water, sanitation and hygiene



## The Future of the MDGs



#### **Focused on Poverty and Health**

Much of the progress in fighting poverty has helped people living just below \$1.25 a day. Now we need to focus on those living on far less. They are harder to reach, but just as deserving of the chance to make the most of their lives.

#### Measurable

Clear, specific targets create a positive feedback loop that rewards progress and shows us where we need to do better. If the new goals are going to have lasting impact, they too will need concrete milestones.

### Actionable

The goals need to be within reach by 2030. And they should focus on areas where we have tools that drive progress. Good governance is an admirable goal, but what tools do we have to make it happen? By contrast, we can improve health with vaccines, bednets, and other interventions.

### **Built on Consensus**

We can't afford to get bogged down in endless debate that could sap our momentum. No one can object to saving children and mothers.

http://www.thegatesnotes.com/features/MDGs-Dream-with-a-deadline

Realizing the right to health for everyone: the health goal for humanity







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